

X-Excel

NC#2

NEWSLETTER

INSIDE

May

2019

ISSUE



Employee of the Month

X-Excel is an agency certified to provide an array of community based services in the State of Ohio. Our mission is to do more of what works and/or adds value and to do less of what doesn't work and/or doesn't add value to the lives of the individuals we serve. We will only do things that adults without developmental disabilities do.

JIMMY SEILER

BY: SUZANNE D.

- Favorite Food : Bacon & Eggs
- Favorite Restaurant: Burger King
- Favorite Color : Pink
- What I like about working at X-Excel – Making Pillows
- What makes you happy? Working at X-Excel



EGG ROLLS

Prep time

15 mins

Total time

35 mins

INGREDIENTS

- 1 LB GROUND PORK
- 1 TEASPOON GROUND GINGER
- 1 TEASPOON GARLIC POWDER
- 1 QUART VEGETABLE OIL, FOR FRYING
- 1 TABLESPOON ALL-PURPOSE FLOUR
- 1 TABLESPOON WATER
- 3 CUPS COLESLAW MIX
- 12 EGG ROLL WRAPPERS



INSTRUCTIONS

1. In a medium skillet over medium heat, cook the pork, breaking it up as it cooks. When it is halfway cooked, sprinkle the ground ginger and garlic powder over the pork and stir to coat the meat evenly. Continue to cook until the pork is no longer pink. Set aside.
2. In another large heavy pot, heat oil to 375°F or medium high heat. While the oil is heating, combine the flour and water in a bowl until they form a paste. In a separate bowl, combine the coleslaw mix and reserved pork mixture. Mix it all together.
3. Lay out one egg roll skin with a corner pointed toward you. Place about 1/4 to 1/3 cup of the pork mixture on the egg roll paper and fold the corner up over the mixture. Fold left and right corners toward the center and continue to roll. Brush a bit of the flour paste on the final corner to help seal the egg roll.
4. Place the egg rolls into the heated oil and fry, turning occasionally, until golden brown. Remove from the oil and drain on paper towels or a rack.



NEWS TOPICS

Every day we have a group discussion. The people we serve select the topics that they want to share, and will often lead the discussions independently. Recently, we have incorporated Current Events. We have been talking quite a lot about the fire at the Notre Dame Cathedral in France. Suzanne told us all about the history of this historical landmark. The Cathedral is the most visited monument in Paris! Who knew? We also learned that the Cathedral is home for the Holy Crown worn by Christ, a piece of the Cross, and one nail! Aaron L. felt horribly about the fire, He said that it really has bothered him. Gordon feels that it will take a long time to rebuild, but Guy thinks they can pull it off very soon!



- Disney's 1996 animation tells the story of how beautiful gypsy Esmeralda makes friends with Quasimodo, the hunchbacked bell ringer of Notre Dame cathedral in Paris.
- It is based on the Victor Hugo novel of the same name, published in 1831, and until recently was believed to be completely fictional.
- In 2010 **academics uncovered references** to a "humpbacked" carver in the memoirs of Henry Sibson, a 19th Century British sculptor working at the cathedral at around the time the book was written.
- The documents were found during a house clearance in Penzance, Cornwall, and are now part of the Tate archive.



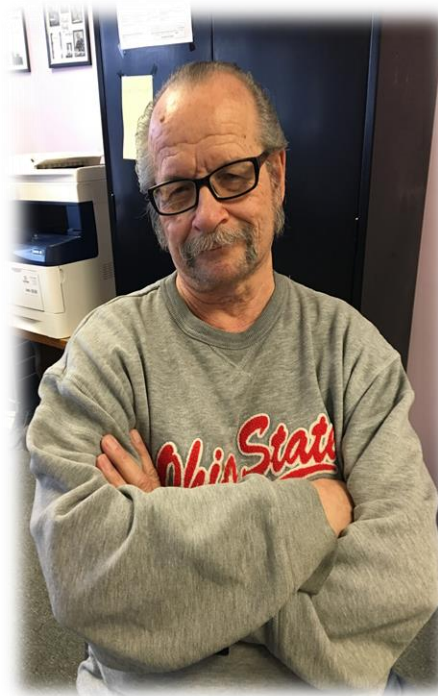
LOOK AND SEE WHAT'S HAPPENING AT OUR SITE



We want everyone to have fun here at NC2! Ben loves to put a smile on everyone's face! Jennifer is excited about doing her outcome with Jeff. Jody loves listening to music, especially from The Wizard of Oz. Claudia enjoys working on her puzzles with Kiera. Every Tuesday Helen leads her exercise group. Lastly, we have Katelyn, Opal, and Suzanne posing for a group picture. We love making life-long friendships here at NC2!



LOOK AND SEE WHAT'S HAPPENING CONTINUED



Aaron and Whitney taking a little breather after a long day. Alaina posing with our new PC Whitney. Aaron K. showing us his million dollar smile. Robert made cookies for staff! Here we have Guy, posing after reading his morning paper! Last but certainly not least, we have our employee of the month, Jimmy showing Jody how to make blankets.



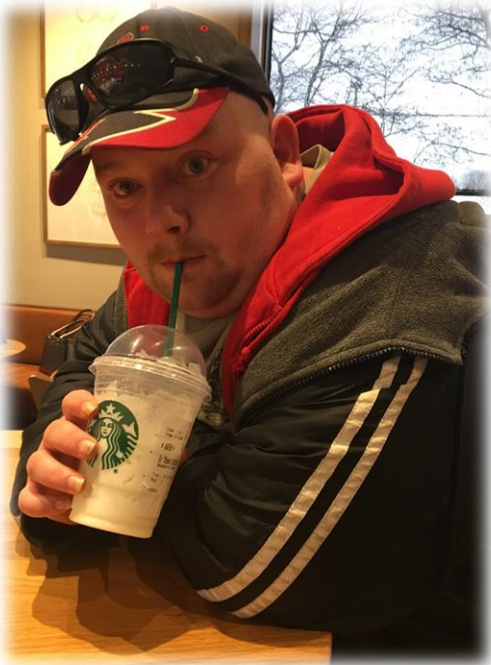
COMMUNITY INCLUSION



We are so thankful for the warmer weather! We love going to Price Park on sunny days to lift our spirits. Here you will see Helen, Terry, Ashley, Randy, and Suzanne!



COMMUNITY INCLUSION CONTINUED



"I was able to take a small group to Starbucks the other day. The people we served really interacted with other customers and the staff! One of the baristas even knew Ben's order and started filling it when she saw him! I also wanted to share, The baristas told me how kind, and fun we are! One of the ladies told me she loves when we come in, that we all brighten her day and she wishes that we came in more often!" -Whitney

